

# I HATE TO TELL YOU THIS



REAL LIFE. GODLY ADVICE.

## Q: ALL ABOUT DATING: INTIMACY & PURITY

### Answer:

- What does the Bible say about sexual purity?
  - The Greek word in the Bible used for sexual immorality is porneia, which includes all sexual activity outside of marriage - both before and outside of the marriage covenant.
  - Sexual purity is honoring God with your body, heart and mind by keeping all sexual activity - physical and mental - within the boundaries of marriage between a husband and wife, as God designed.
  - Sex was God's idea.
  - As Christians, we live in an upside down kingdom so our lives should look different from the culture around us.
- What do we believe about God? Is He good? Does He want out best?
- The benefits of sexual purity
  - Emotional benefits: less emotional baggage and confusion, fewer regrets
  - Relational benefits: stronger communication, clarity, trust and security
  - Physical benefits: avoids STI's, unplanned pregnancies
  - Greater Long-term satisfaction (studies done by the University of Utah and the Journal of Family Psychology)
- Boundaries
  - Must be mutually agreed upon

- Set yourself up for success
    - Don't put yourself in situations where it's going to be insanely hard to stay pure
    - Don't live together before marriage
  - Accountability
  - Limit physical touch that can quickly escalate
  - Don't look for loopholes
  - Protecting your purity is a lifelong pursuit. It does not end at marriage.
  - If you have already had sex outside of marriage, you are not disqualified. There is grace for you and God's design still stands.
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## I SAID WHAT I SAID

**IKSSA:** RELATIONSHIPS SHOULD DRAW YOU CLOSER TO CHRIST NOT CLOSER TO SIN.

**CARRIE:** LAZINESS PRAYS FOR HARVEST WITHOUT EVER PICKING UP THE PLOW.

**LESLIE:** BE AROUND PEOPLE WHO WANT TO MAKE YOU MORE LIKE JESUS, INSTEAD OF MORE LIKE THEM.

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## SONG OF THE MOMENT

**LESLIE:** NO SURVIVORS BY JEREMY CAMP

**CARRIE:** I KNOW A NAME BY ELEVATION & BRANDON LAKE

**IKSSA:** RECKLESS LOVE BY CORY ASBURY

SPOTIFY PLAYLIST LINK:  Song of the Moment

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## EXTRA RESOURCES

 How To Date || Bianca Olthoff

*Outdated* by Jonathan Pokluda on Right Now Media (to get a free login go to <https://app.rightnowmedia.org/join/movementchurchonline>)

